

POST REPORT



MEN'S HEALTH WEEK 09

QRL LEGENDS OF LEAGUE GAME

BMD Kougari Oval, Wynnum

BMD Kougari Oval on Sunday June 21, the Wynnum Manly Seagulls hosted a major promotional day in support of **Men's Health Week 09**.

A Legends of League match was played between the Men of League Allstars and the Wynnum Manly Allstars. There were some big names in both teams which include Steven Renouf, Marcus Bai, Nick Kosef, the Walkers Brother and former Australian cricketer Andrew Symonds.

NRL legend and Men's Health Week ambassador, Steven Renouf attended as the special guest of the Wynnum Manly Seagull at their Men of League Sponsors Luncheon. He spoke about his involvement in Men's Health Week and urged all men to look after their health. He was then followed on by Dr Michael Gilman of the Royal Australian College of General Practitioners who discussed The M5 Project and how they are committed to reducing the number of hourly preventable deaths in men.

The Luncheon was a way to say thank you to all the sponsors whilst bringing awareness to Men's Health Week.

The gates opened on the day at 10am with FOGS Colts kicking off at 11am followed by the FOGS A GRADE at 12:30pm. The Allstars Legends of League Game kicked off at 2.15pm and the Herald Cup between the Wynnum Manly Seagulls and the Redcliffe Dolphins at 3pm. The luncheon started at 12noon finishing at 2pm where the guests could head out on the Leagues Club Balcony to watch all the action.

Men's Health Week 09 is providing an opportunity to increase awareness of important male-specific health issues. It celebrates the contribution men make to their family, work and the community, whilst urging men to get out of their comfort zone and start thinking about their health even when they're healthy, and to become mates with their GP.

The week is recognised by the Department of Health and Ageing and reflects the themes of their forthcoming national Men's Health policy. The week is focused on preventative health and healthy behaviours that men can adopt.

The campaign encourages people to visit the campaign's website www.menshealthweek.com.au to learn the facts and for more information on the events that ran during the week.

For information on the event contact Cassie O'Brien from MWC Media on 0450 783 162/ 03 9912 6832 or at cassie@mwcmmedia.com.au